Agenda for All In-Person CCC Except Pasadena

Friday	Saturday	Sunday
9.00 10.00 Land Comings Course Introduction	8,00 0,00 Land Comings Dain nourosciones advention	8:00-9:30 Land Seminar – Evidence-based
8:00-10:00 Land Seminar – Course Introduction;	8:00-9:00 Land Seminar – Pain neuroscience education.	
Evidence-based critical thinking when selecting aquatic intervention	Evidence-based aquatic intervention for posture and balance.	aquatic intervention for Halliwick Concept- Water Specific Therapy, Bad Ragaz Ring
aquatic intervention	Dalatice.	Method, Ai Chi and Watsu.
10:00-10:15 Break/Snack	9:00-9:15 Changing/Break/Snack	Wiethou, Ai Chi and Watsu.
10.00-10.15 Break/ Shack	J.00-3.13 Changing/Break/Shack	9:30-9:45 Changing/Break/Snack
10:15-1:00 Land Seminar –Evidence-based aquatic	9:15-1:00 Pool lab - Waterproof dressing application,	5.30 5.43 Changing/ Break/ Shack
intervention for musculoskeletal impairments,	aquatic manual therapy	9:45-12:00 Pool lab- Halliwick Concept-
obesity and cardiovascular, and pulmonary. Halliwick	aquatic manual merapy	Water Specific Therapy and Bad Ragaz
Concept and swimming.	1:00-2:00 Lunch	Ring Method.
1:00-2:00 Lunch	2:00-3:30 Land Seminar –Evidence-based aquatic	12:00-12:15 Snack
	intervention for muscle tone, motor control/coordination,	
2:00-3:30 Pool Lab – Pool chemical testing, heart	cognitive processing, and sensory integration and	12:15-1:00 Pool lab –Watsu/ Ai Chi.
rate check, aquatic equipment and	gait/functional activity.	Integration and review with group case
progression. Aquatic interventions for		studies.
musculoskeletal impairments, obesity, and	3:30-3:45 Changing/Break/Snack	
cardiovascular performance.		1:00-2:00 Lunch
	3:45-6:30 Pool Lab - Aquatic interventions for posture and	
3:30-3:45 - Break	balance, functional activity and gait, motor	2:00-3:30 Land Seminar – Evidence-based
	control/coordination, cognitive processing, and sensory	aquatic intervention for Aqua Yoga,
3:45-6:30 Pool Lab – Pool Lab – Halliwick concept	integration. Review with group case studies.	Aquastretch, Burdenko Method, and wrap
fundamentals of floating and handling techniques.		up.
Integration of material with group case studies.		1

Pasadena - Agenda

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8:00-10:00 Land Seminar – Course Introduction;	8:00-9:00 Land Seminar – Pain neuroscience education.	8:00-9:00 Land Seminar –Evidence-based
Evidence-based critical thinking when selecting	Evidence-based aquatic intervention for posture and	aquatic intervention for Halliwick Concept-
aquatic intervention	balance.	Water Specific Therapy and Bad Ragaz
•		Ring Method
10:00-10:15 Break/Snack	9:00-9:15 Changing/Break/Snack	
		9:00-9:15 Changing/Break/Snack
10:15-1:00 Land Seminar –Evidence-based aquatic	9:15-12:30 Pool lab - Waterproof dressing application,	
intervention for musculoskeletal impairments,	aquatic manual therapy	9:15-11:45 Pool lab - Halliwick Concept-
obesity and cardiovascular, and pulmonary. Halliwick		Water Specific Therapy and Bad Ragaz
Concept and swimming.	12:30-1:15 Lunch	Ring Method. Review with group case studies.
1:00-1:45 Lunch	1:15-2:45 Land Seminar - Evidence-based aquatic	
	intervention for muscle tone, motor control/coordination,	11:45-12:00 Break/ Snack
1:45-3:15 Pool Lab – Pool chemical testing, heart	cognitive processing, and sensory integration and	
rate check, aquatic equipment and	gait/functional activity.	12:00-1:30 Pool lab –Watsu/ Ai Chi.
progression. Aquatic interventions for		Integration and review with group case
musculoskeletal impairments, obesity, and cardiovascular performance.	2:45-3:00 Changing/Break/Snack	studies.
	3:00-5:00 Pool Lab - Aquatic interventions for posture and	1:30-2:15 Lunch
3:15-3:30 - Break	balance, functional activity and gait, motor	
	control/coordination, cognitive processing, and sensory	2:15-4:15 Land Seminar - Evidence-based
3:30-6:30 Pool Lab – Pool Lab – Halliwick concept	integration.	aquatic intervention for Ai Chi, Watsu.
fundamentals of floating and handling techniques.		, Aqua Yoga, Aquastretch, Burdenko
Integration of material with group case studies.		Method, and wrap up.